



Course Outline

HCNUR1011 FOUNDATIONS OF NURSING 1

Title: FOUNDATIONS OF NURSING 1

Code: HCNUR1011

School / Division: School of Health Sciences

Level: Introductory

Pre-requisites: Nil

Co-requisites: Nil

Exclusions: Nil

Progress Units: 15

ASCED Code: 060301

Objectives:

After successfully completing this course, students should be able to:

Knowledge:

- Articulate the elements of the concept of nurse as carer
- Discuss the diverse roles of nurses facilitating human health and well-being
- Know the principles of nursing care approaches for individuals, groups, communities and populations
- Describe the common strategies used by nurses to meet the health and nursing needs of population

Skills:

- Demonstrate beginning skills in nursing practice

Values:

- Appreciate the fundamental relationship between nursing practice and health and well-being of individuals, groups, communities and populations

Content:

Topics may include:

- Learning to learn “as an adult and a nurse
- Professional health care
- Contemporary professional nursing concepts and themes including nurse as carer
- Health Care Concepts
- Principles of nursing care approaches for individuals, groups, communities and populations with diverse backgrounds and or cultures
- Principles and methods of microbial reduction and control within health care organisations



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- Human behaviour across the lifespan
- Social components of health and well-being
- Cultural awareness and competence
- The nurse as an individual and member of a multi/interdisciplinary team
- Multidisciplinary teamwork

Learning Tasks & Assessment:

Learning Task	Assessment	Weighting
Exploration of the concept of the nurse within a multidisciplinary team	Essay	40%
Reflection upon a contemporary nursing	Oral presentation of 5 minutes duration, relating to care, communication and culture (cultural considerations) written component 1000 words	60%
Experiential learning exercise	Written Reflection of 500 words	S/U

Adopted Reference Style:

APA

Handbook Summary:

This course introduces the concept of nurse as carer for individuals, groups, communities and populations. It will assist student understanding of the diverse roles of nurses facilitating human health and well-being. It examines the principles and strategies that are used by nurses to meet the health and nursing needs of individuals, groups, communities and populations. This course will include a 2 day field visit to a health care organisation that will enable students to observe nursing practice firsthand.